

**MR**  
MORRIS RITZ  
PLASTIC AND RECONSTRUCTIVE SURGEON



Everything you  
need to know  
about tummy tucks



# What is a tummy tuck?

Abdominoplasty, sometimes referred to as a tummy tuck, is performed to improve the shape and contour of the abdomen. The best candidates for a tummy tuck are those that have excess skin and fatty tissue, often due to extreme weight loss. The surgery is also commonly requested by women that have experienced muscle diastasis (stretched abdominal muscles) after pregnancy.

The procedure is also a good choice for patients that have achieved a healthy weight but still have an isolated bulge around the middle they have not been able to get rid of through diet and exercise alone. Mr Ritz will evaluate your situation and aesthetic goals to determine whether abdominoplasty is the right choice for you.



Lift Stomach

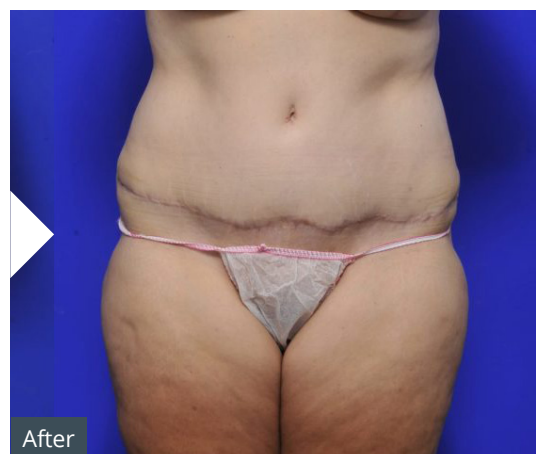
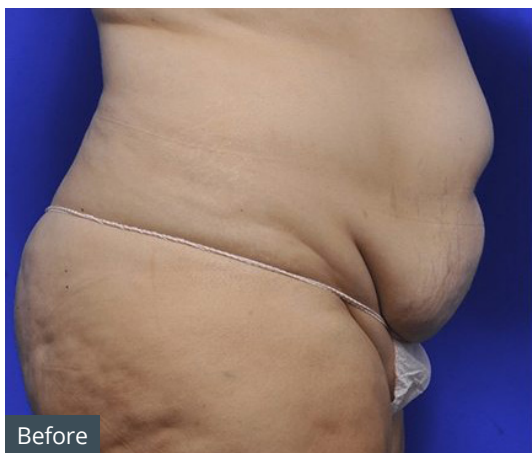


Decrease Overall size

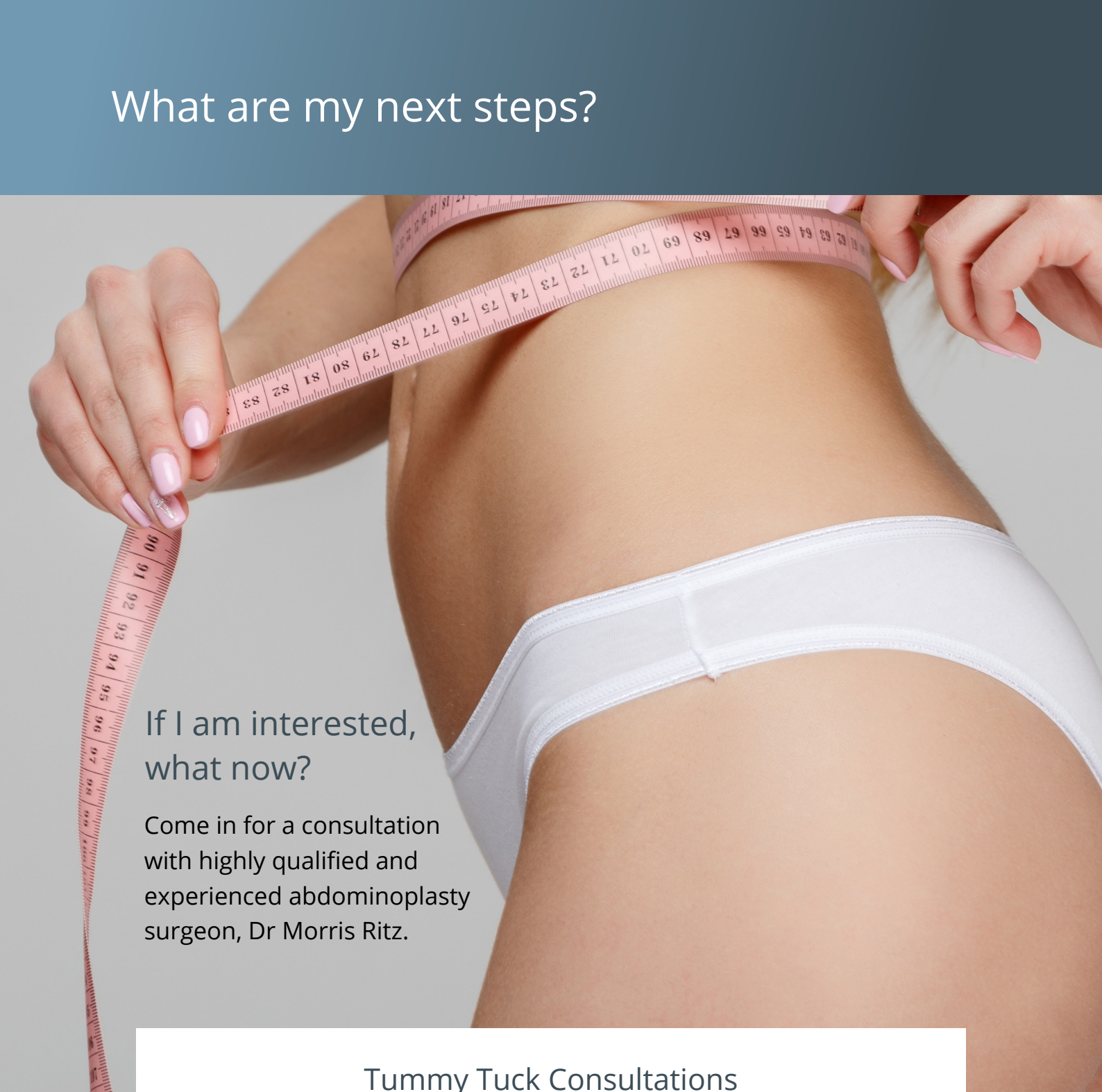


Remove love handles

# Actual results from Dr Morris Ritz



# What are my next steps?

A close-up photograph of a woman's midsection. She is wearing white underwear. Her hands are holding a pink measuring tape around her waist. The tape measure shows numbers from 70 to 90. The background is a plain, light-colored wall.

If I am interested,  
what now?

Come in for a consultation  
with highly qualified and  
experienced abdominoplasty  
surgeon, Dr Morris Ritz.

## Tummy Tuck Consultations

Every surgical procedure is considered important to Dr Morris Ritz, and patient satisfaction is the top priority. Consultations are relaxed and informative situations designed to provide a full understanding of your surgical goals and expected outcomes.

A consultation with Dr Morris Ritz will offer insights and surgical options that best suit your individual features. It's natural to feel a little stressed and excited about your surgery, but Dr Morris Ritz will put your mind at ease.

**CALL US ON 03 8692 5566**

